

Let's Grow Together!

Spring has sprung and it's the perfect time to get planting! Everybody can grow a plant, no green thumb required, indoors or outdoors. From veggies to flowers, herbs to succulents, plants are amazing and provide us with cleaner air, food and stress relief.

Today we'll show you how to use recycled materials to create small planters that are perfect for teaching children how to plant seeds and what seeds need to grow!

Here is what you'll need to get started:

- *Materials for making pots (egg shells, egg cartons, cardboard rolls)*
- *Scissors*
- *Toothpicks*
- *Soil*
- *Seeds*

Making Biodegradable Pots

Cardboard Paper Towel or Toilet Paper Rolls

1. Cut in half or to desired size
2. Fold the bottom of the roll to make the bottom of your pot. It's okay if there is a small hole.



Egg Shells

1. Rinse out eggshells and let them dry completely.
2. With a toothpick, poke a drainage hole in the bottom of the shell.



Egg Cartons

Cut cardboard egg carton apart into single pot-sized containers.



Time to Plant!

1. Place all pots into a flat dish (like a takeout container) to catch excess water.



2. Fill each pot with potting soil.



3. Read the seed packet to tell you how deep to plant your seed!

a. The seed packet has lots of other useful information like how much sun the plant needs, how far apart to space the plants and when to plant them outside!

| CARE & MAINTENANCE | | CUIDADO Y MANTENIMIENTO | |
|--------------------|--------------------------------|-------------------------|--------------------------------|
| 1 | DAYS TO GERM 7 - 10 | | DIAS A GERMINAR 7 - 10 |
| 2 | DEPTH 1/4 in. | | PROFUNDIDAD 6 mm |
| 3 | SPACING 18 in./ 6 in. | | ESPACIO 45 cm/ 15 cm |
| 4 | DAYS TO HARVEST 45 - 50 | | DIAS DE COSECHA 45 - 50 |

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| May - July Mayo - Agosto |
| March - April & July - Aug Marzo - Abril y Julio - Agosto |
| Jan - April & July - Sept Enero - Abril y Julio - Septiembre |
| Jan - March & Aug - Dec Enero - Marzo y Agosto - Diciembre |

1. Days until seeds germinate (when root start to grow and your seedling pops up out of the soil)!
2. How deep to plant your seed.
3. If you're planting your seeds directly in the ground, how far apart to plant those seeds.
4. Days until you can harvest your plant!

When to plant in your planting zone!



Audubon

Pickering Creek
Audubon Center

Time to Plant Continued!

4. Use your finger to make an indent in the soil. It should be about as deep as the seed packet says!



5. Place your seeds into the hole.



6. Gently cover the seeds up with soil.
7. Water your seeds until a small bit of water makes its way into the takeout (or other) container.



8. Place trays in a sunny windowsill or table near a window and only water them once the soil looks and feels a bit dry.
9. Once the plants are a few inches tall, you can plant them in a larger pot or in your garden!

